



Medicare Cap Update

For those of you who have expressed concern about the hard cap on outpatient physical, occupational & speech therapy benefits, we have good news and bad news. The good news is Congress has re-authorized the exceptions process to December 31, 2010. This means that Medicare beneficiaries with complex diagnosis will have access to the care they need to get better without having to worry about coverage. The bad news is Congress has, for the 12th year, decided to temporarily address this issue rather than impart a more permanent fix. In short, we'll have to revisit the issue yet again at the end of 2010. For those of you who contacted your elected officials to express your opinion, we thank you. Keep those letters handy as you will need them yet again at the end of 2010.

March for Babies

Team Advantage participated in this year's Prince William March of Dimes March for Babies on April 18, 2010. We raised just over \$1,000 for research and programs that help babies begin healthy lives. A special "Thank You" to all who contributed to our team.

Upcoming Community Events

Here are a handful of events Advantage will be participating in or supporting in the coming months:

- *Senator Charles Colgan Charity Golf Tournament to Benefit Transitional Housing BARN, Inc*, May 24, 2010, Evergreen Country Club, Haymarket, VA
- *Alzheimer's Association Memory Walk*, May 29, 2010, Harris Pavilion, Manassas, VA
- *BRATS Salute to the Military Triathlon*, May 30, 2010, Vint Hill, VA
- *Wired to Run 5K & 1-mile Fun Run*, June 5, 2010, Bristow, VA

If you're interested in learning more about any of these events contact Jim at *Advantage*.

Free Consultations

We continue to be humbled by the trust many of you have placed in Advantage by referring your patients, family & friends to our clinic. If you think a family or friend may benefit from physical therapy but are unsure, we are happy to provide a free consultation. Just call our office & schedule an appointment.

Award Nomination

We were delighted to learn that we were nominated as *The Prince William County Greater Manassas Chamber of Commerce's Business of the Year (16 - 34 employees)* for this year's *Excellence in Business Awards*. The Prince William County Greater Manassas Chamber of Commerce annually recognizes individuals and businesses in our community. What an honor to be considered among the best in Prince William County. The winners will be announced at a luncheon on Tuesday, May 25, 2010.

Go Green!

At least we're attempting to move in that direction. If you would prefer to receive our newsletter in electronic format please send your name & e-mail to jaram@APTRonline.com. We'll remove you from our old fashioned mailing list & add you to our e-mail list. As an added incentive, everyone who does this before June 30, 2010 will be entered to win a \$100 Wegmans Gift Card. We will announce the winner in our Summer 2010 Edition, which you will hopefully be receiving via e-mail. Why not sign up today?

Window Safety Tips

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*Restoring Movement
Together!*

Following the EPIC winter we've endured no doubt many of us have enjoyed opening up the house this Spring to let in some fresh air. If this sounds like you, keep the following window safety tips in mind:

- Unattended children run the greatest risk of falls & injuries. Nothing can substitute for careful supervision.
- When performing spring repairs, take care to make sure that your windows are not painted or nailed shut. You must be able to open them to escape in an emergency.
- Keep your windows closed & locked when children are around. When opening windows for ventilation, open windows that a child cannot reach.
- Set and enforce rules about keeping children's play away from windows or patio doors. Falling through glass can be fatal or cause serious injury.
- Keep furniture - or anything children can climb - away from windows. Children may use such objects as a climbing aid.
- If you install window guards or fall prevention devices, be sure they have a release mechanism that can be used in the case of emergency.
- The degree of injury sustained from a window fall can be affected by the surface on which a victim falls. Shrubs and soft edging such as mulch and grass beneath windows may lessen the impact if a fall does occur.

Source: National Safety Council



Advantage Physical Therapy
and Rehabilitation, LLC

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OFFICE HOURS

MON: 7:00 AM - 8:00 PM
TUES: 8:00 AM - 5:00 PM
WED: 7:00 AM - 8:00 PM
THURS: 8:00 AM - 8:00 PM
FRI: 7:00 AM - 5:00 PM
SAT: 8:00 AM - 12:00 PM

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